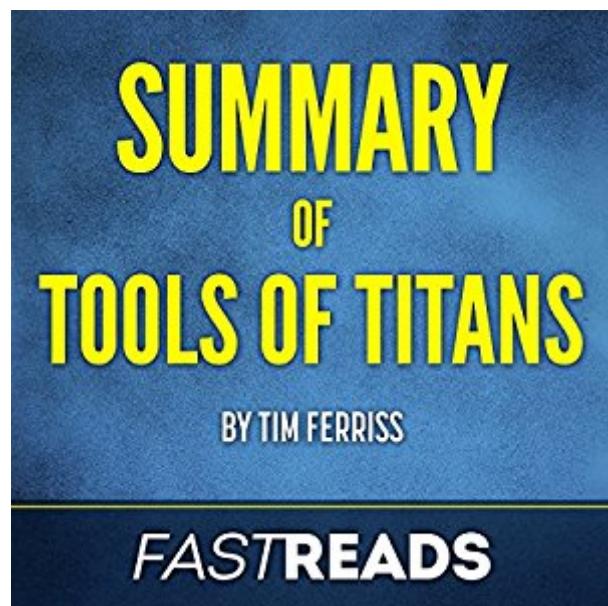


The book was found

# Summary Of Tools Of Titans By Tim Ferriss



## Synopsis

Have you ever wondered the secrets of the best, brightest, and most successful? What do they do every morning? How do they exercise? Whether you're a champion athlete or a CEO, there is always more to huge success than just hard work or a great idea. Tools of Titans is a collection of practical wisdom from some of the most successful people on the planet. What will you learn from listening to this audiobook? The morning routines of world-class athletes, Special Operations commanders, and business leaders How top athletes increase their endurance and performance longevity How to quiet your mind's chatter and make meditation a self-sustaining practice What to focus on when you are starting out and when you attain some success How to deal with failure and unwanted emotions How to clarify your thinking and focus on the things that matter most How to pitch and sell your idea to investors and consumers How to master fear and live a full life How to become a pioneer by challenging trends, assumptions, and the stories you tell yourself Don't miss this summary of Tim Ferriss' Tools of Titans. A New York Times best-selling author and host of a wildly success business podcast, Tim Ferriss has gotten access to leaders in every field - from movie stars to military heroes. This FastReads summary compiles the essence of their advice in an easy-to-digest format. Quickly absorb their game-changing wisdom and start making changes today! Book summary overview Tim Ferriss distills the tools, philosophies, and practices of some of the most successful people in business, entertainment, and athletics to compile one of the most comprehensive and actionable life guides out there. The captivating tales of ballsy first attempts, costly miscalculations, and unlikely triumphs make this book as enjoyable as it is insightful. Ferriss goes over and beyond to vet each of the ideas he writes about, making Tools of Titans the authoritative go-to reference for most of life's pressing concerns.

## Book Information

Audible Audio Edition

Listening Length: 41 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: FastReads

Audible.com Release Date: July 5, 2017

Whispersync for Voice: Ready

Language: English

ASIN: B073PJ52BD

Best Sellers Rank: #71 in Books > Audible Audiobooks > Nonfiction > Study Aids #96 in Books > Audible Audiobooks > Fiction & Literature > Literary Criticism #878 in Books > Literature & Fiction > History & Criticism > Movements & Periods

## Customer Reviews

I bought it because as anyone I want to be successful in my life, I do not necessarily mean having a lot of money. I want to be a better person. It is not a motivational book, but it shows things that successful people do. Explaining that success is not a matter of luck. Is a good option for all people and in my case it made me reflect on what I do and if it is what I should do to get what I want and be happy. Is a reading that is not too fast. And the book is not too long, but I was surprised by all the information they captured in such a short book.

This is a book about the most successful people and what it takes to become successful. Interviews were conducted with many successful people including billionaires, world class performers, and media icons. The comparison to the daily habits, physical routines, and common traits are what drive these people to success. After reading this book you will have the basic skills to rise above the average and excell to excellence. Very useful information and a great start to success.

I bought this for a rugby player who went to jail in Oklahoma. I read it before I sent it on to him. I've loved Ferriss' work for many years and never am dissappointed.

### Good Summary

I bought this summary to get an idea of what Tools of Titans was all about. I'm a big of self-help titles and among my favorites is Think and Grow Rich by Napoleon Hill. This is very much like that book in that Hill interviewed around 50 of the top entrepreneurs of his day including Andrew Carnegie and Thomas Edison. Tools of Titans is a more modern version of learning about how successful people got where they are and how you can get there, too. There are so many self-help titles, I usually always buy a summary to see if it's interesting enough for me to buy the full book. This summary really did it for me. I was very pleased with it because it gave me all the key points on how to apply the techniques and methods of these "Titans" to my own life. I highly recommend this summary. It was well-written, concise, and saved me a lot of time.

Tim Ferriss summarizes tools that successful people use to motive them and to keep them focused on their goals. Ideally, you should implement a few of the key takeaways for your life to boost your future. It would be impractical to try applying all of these suggestions in your life since a few contradict each other. Summary of Tools of Titans is similar to a buffet; many excellent ideas are presented with the option of selecting what looks the most promising to your wellbeing. I selected a few that I find would benefit me best. First selection was “Go first”. Be the first to make eye contact, smile, and say hello. It is more intimidating for me to talk one on one than to stand up and speak to a crowd. So I will apply this to my personality until it is natural. Second selection is asking myself, “If I had to accomplish just one thing to feel satisfied with my day, what would it be?” This would change my day since I look for everything else to do but that one hard thing on my list.

Have you ever wondered how the most successful people got where they are? Timothy Ferriss, in his book, Tools of Titans, interviewed billionaires, media icons, and world-class performers, asking about their daily routines, mental habits, and physical regimens, to see what common traits they share. FastRead’s Summary of Tools of Titans by Timothy Ferris is an in-depth look at the book, including an executive summary and detailed overview of the results of his research. This handy summary discusses the habits of successful people, and shows how the same techniques can be applied by anyone who wants to rise above a mere humdrum existence to reach the peak of excellence. After reading this brief book, you’ll not only have a good idea of the worth of the reviewed book, but will have picked up some useful tips along the way that you can immediately begin to apply in your own life. If you’re looking for a time- and money-saving way to select the best of the many available self-help books available for purchase, this is an excellent place to begin your search.

Success can be achieved by only luck, some people are said to have a certain gift to make things go in the way they want, but what about the rest? Is there really a key to success? It turns out, the most successful people out there, have some common traits, habits and routine they practice on a daily basis. The author of this brief but very exquisite book didn’t make any of this stuff, after talking and interviewing some successful people he wrote it all here, it may be short but you will find surprising the amount of depth this book possess. This is not a motivational book about shaping your life in the direction you want, this is a book that shows us that even successful people start by changing one small thing and go from there. If you think of feel that you are not moving forward in

your life, you might be surprised that you are not the only one, buy this book, it may come handy a few tips and advices you can borrow and adapt them into your life, remember, if you don't change anything in your life, nothing will change.

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